Sebec Lake Newsletter Spring 2020

In this issue:

- Invasive plant watch
- Update on the dam
- Contest with prize!

And lots more!



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Thank you for a great 2019! Looking forward to seeing you again in 2020!

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Sebec Lake Association Annual Meeting will be held at the Mayo Regional Hospital on Saturday, July 11 at 9:30 a.m. in the Piscataquis Room.





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President's Message Sebec Lake Association

I am honored and humbled to be writing this message, and a bit daunted...I have big shoes to fill. Our past President, Brian Woodworth, did a terrific job as president, and continues to serve unselfishly, devoting both energy and time to the association's mission...To Protect and Preserve. I would add that all the directors and officers of the Association are equally as dedicated. It's no small task to put this newsletter together, which is only one of the many tasks the board performs.

Sebec Lake....I remember the first time I laid eyes on the lake coming over the hill towards Greeley's Landing in 1984. It was a shimmering jewel amid gentle mountains, and I was hooked! If you are receiving this newsletter, I suspect you had similar feelings at one point along the way, whether you enjoyed the lake as a child, or were first introduced to the lake otherwise. The lake is the asset that keeps us coming back.

The Sebec Lake Association was founded in 1971 by a group of camp owners who realized that protecting and preserving the lake was paramount for future generations to enjoy what they enjoyed....clear, clean water, excellent fishing, water sports, camping and other recreational activities. From those early days of maybe a hundred camps on the lake, there are now over 900 property owners around the lake, a number that grows every year.

The Association's activities along this growth line have grown, too. We've grown from monitoring lake levels and water quality to also interacting with state agencies, the owners of the Sebec dam, working with the various cities and towns around the lake, and the establishment of a lake mapping / invasive plant patrol program. On this last item, I draw your attention to an article in the Lake Stewards of Maine winter newsletter, which can be found at the Association's website. (https://sebeclakeassoc.org/)As you've learned from prior newsletters, invasive plants, snails and fish represent a significant threat to the lake. Once thought to be a 'southern Maine' problem, a massive infestation of milfoil was discover in Big Lake, located in Washington County near the Canadian border. This is a major warning shot across our bow, and the need to be ever vigilant, and to make sure any type of 'watercraft',

(Continued on page 6)



Invasive Plant Patrol Update Brian Krause

The Sebec Lake Association Invasive Plant Patrol had a bit of a hiatus during the summer months of 2019, but this doesn't mean that we've stopped inspecting the lake for invasive aquatic species. Multiple calls were made for Brian to go to camps and check on plants that were growing near the shoreline. The hope is for the survey work to commence again this summer, and finally finish the survey.

The team is happy to announce that a boat has been donated by Pamela and Russell Krause of Cove Road in Sebec to be converted into a "glass bottomed boat." The fourteen-foot aluminum launch is to be modified, replacing some of the hull with plexiglass windows, which will speed up the process of inspecting what's growing in the lake. The vast majority of the lake survey to date has been done without the use of watercraft, and was literally done by people in the water, inspecting what was growing in the littoral zone. Our thanks to the Krause family and to all of you who have donated funds supporting the IPP which will enable us to make the conversion of the boat to better suit our needs as well as speed up the efficiency of the search process.

In the past, team leader Brian Krause has used his summer class at nearby Foxcroft Academy in order to train local students on how to identify what grows in our lake. It is my hope that more camp owners will be invested in checking their property to spot anything growing that looks new or unusual. Please contact any SLA Board member if you see something!



from aqua shoes to boats & seaplanes, are thoroughly cleaned before entering Sebec's waters.

Given the changing environment, the lake association needs your help. Of the 900 plus property owners around the lake, only 115 are members. We can do better! I urge you to join, it's \$20 well spent. And, you don't have to be a property owner to join. We encourage anyone who cares about Sebec Lake to join, as we remain grateful for the support of all members. And, if so inclined, we have three board positions open. If you are interested in serving, let us know.

Our 2020 Annual Meeting will be held at the Mayo Regional Hospital on Saturday, July 11 at 9:30 a.m. in the Piscataquis Room. The meeting will be preceded by the Board meeting at 8 a.m. Please plan to attend.

Finally, you'll notice that many of the local area businesses are advertising in the newsletter. As they support the Association, please support them when you are at the lake; your patronage can make or break their year.

See you soon! Rudy Davis, Interim President Sebec Lke Association



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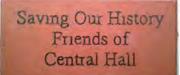
4"x 8" bricks - up to 3 lines of text - \$100.00 8"x 8" bricks - up to 5 lines of text - \$200.00 up to 15 characters per line

Inscribe a brick in memory of a loved one, your family or promote your business or organization.

Your brick will be a visible part of the display in front of the newly renovated building in downtown Dover-Foxcroft.

For an application or more information:

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"A PLACE TO THRIVE" * EVENT CENTER * ADULT DAY PROGRAM * SENIOR CENTER * All proceeds raised from the commemorative brick fundraising project will benefit the restoration of CENTRAL HALL

The mission of the Friends of Central Hall is to preserve, restore to its former glory, maintain, and operate Central Hall as an event center that showcases small town America and promotes a vibrant Main Street by joining forces with those seeking to revitalize the community.



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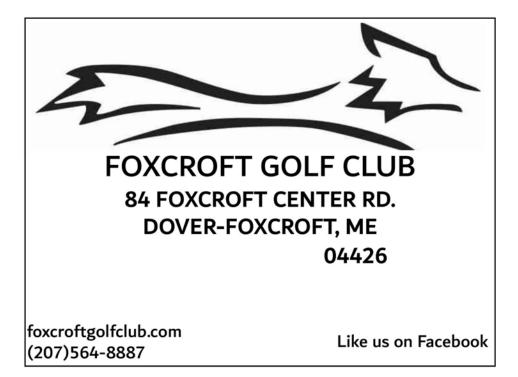
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Opening Camp Dale C. Flanders

The first year after we built our camp on Bennett Brook Rd. on Tim's Cove in 1988 I couldn't wait to jump on spring. Living outside Boston I'd mowed my lawn and celebrated the forsythia blossoms by April 15. I was ready to head to the lake and open my shiny new camp and get the summer rolling. I figured the road would be a little muddy but nothing my four wheel drive truck couldn't handle.

I sunk to the axels just past half way pine on the hill on the Sebec Shores road over looking an ice covered lake. I walked the rest of the way marveling at the volcanos of frost-heaved mud that erupted in the shady turns of the road. There was still a foot of ice on the lake. No swimming soon. I learned that the median date of ice out was April 28.

In those days the "Sage of Sebec Shores" was John Bygrave who'd been one of the first "Settlers" of Tim's Cove having built his cedar camp in 1958. He spent his winters in Mount Dora Florida. I found John and his wife, Mary Anne, always opened their camp on May 15. Close to Mother's day. Julia and I adopted that traditional time to open our place that we had named, Tuseldomere (Speak it out loud and you will understand).

A trick of memory I suppose, but for me May 15th is always a sunny day. Leaves just beginning. Lake blue and filled to the shore licking at the granite boulders on the shore. I close the drains on the plumbing, throw the breaker on the well pump and listen for its stuttering start and the gurgle of water in the hot water heater. I've left the silcock outside open. While I wait for the water to fill inside and run clear I sweep the leaves and pine needles from the front and back decks and rake the leaves off the driveway. I listen to the birds. Smell the wet earth and pine needle scented air. And close the valve when cold clear water splashes from the silcock.

Work done I pull out the pack canoe, find a paddle and slip out into the lake and look back at camp. I rock a little in the seat loosening my back. Camp is open again.

Sebec Lake Association: Did you know...

There are well over 900 properties/owners surrounding Sebec Lake shoreline.

Many properties have multiple owners, each owner has a record in our database.

Each person in our database receives the SLA Newsletter each spring at no cost, whether or not they are dues paying members. Of the 968 records in the database, only 169 paid dues in 2019. That works out to less than 18%.

Each newsletter costs over \$2.50 for printing and postage to mail to the 900+ recipients in our database.

SLA's primary source of funds is from the \$20 dues payments and donations.

In 2019, donations were made by 56 families, for a total of \$3955. Donations range from \$5 to \$200 plus a most generous \$2000 from Mike Mackenzie for our Float the Boat campaign.

Please join and help the Sebec Lake Association continue to Preserve and Protect beautiful Sebec Lake!





Sebec Lake Association Annual Meeting, July 11, 2020

Exciting news! The Maine Lakes Society will be on hand to talk with us about the LakeSmart program. LakeSmart is an education and re-



ward program that assists lakefront homeowners manage landscapes in ways that protect water quality. The program is free, non-regulatory and voluntary. Participating homeowners receive individualized suggestions for keeping pollutants in stormwater out of lake waters. This type of contamination is the leading cause of damage to lakes.

The 2020 Annual Meeting will be held at the Mayo Regional Hospital on Saturday, July 11 at 9:30 a.m. in the Piscataquis Room. The meeting will be preceded by the Board meeting at 8 a.m. To get to the Piscataquis Room, park at the back of the hospital in the lot on Dwelley Street and enter through the door at the back of the building. The Piscataquis Room is on your left. We look forward to seeing you there!

Name <u>This</u> Newsletter!

A Sebec Lake Association Exclusive Contest

The Sebec Lake Association is having a contest and YOU are invited to participate! We are looking for a name for this legendary newsletter. Do you have an idea or suggestion? If so please forward to:

director9@sebeclakeassoc.com

The winner will receive a free year's membership in the Sebec Lake Association, acknowledgment in next year's edition <u>and</u> everlasting fame. The winner will be chosen by the association board. In the event of a duplication, the earliest submission will win. The decision of the board will be considered final.

Seen around the lake:















Are we missing any, your perhaps? If so please take a picture and e-mail to:

director9@sebeclakeassoc.com for inclusion in next year's soon to be award winning Sebec Lake Association newsletter!



Sebec Lake and Dam Bob Hall

The health of Sebec Lake continues to be very good. The primary indicator of that good health is based on the periodic Secchi Disk readings that are made and recorded by SLA member Chris Smith. A Secchi Disk is a black and white colored disk used to determine water clarity. The disk is lowered into the water and the point at which the black and white disk can no longer be seen is called the Secchi depth. The relationship between the measured Secchi depth and the Lake Nutrient Status is:

Over 5 meters:	Oligotrophic – unenriched, few nutrients
3.0 to 4.9 meters:	Mesotrophic – moderately enriched, some nutri-
ents	

Less than 2.9 meters: Eutrophic – enriched, higher levels of nutrients

Oligotrophic lakes contain very low concentrations of those nutrients required for plant growth and thus the overall productivity of these lakes is low. Only a small quantity of organic matter grows in an oligotrophic lake: the phytoplankton, the zooplankton, the attached algae, the macrophytes (aquatic weeds), the bacteria, and the fish are all present as small populations.

The average Secchi depth reading for Sebec Lake over the last twentyfour years is 7.2 meters (23.6 feet). There is no long-term trend to the data over the years, suggesting that the health of the lake has remained constant...and very good. Typically, the readings in June are somewhat greater (fresh winter water) and somewhat higher in September (summer activity)..

The operation of the dam by the new owners to manage the prescribed lake level range during the Memorial Day to October 15th season continues to be moving smoothly. This in spite of the fact that during the last summer season there were some major upgrades undertaken on one of turbine/generator units. During the upcoming late-spring through early-

(Continued on page 18)

ProTech →→→→ Solutions (207) 717-7097 Wireless Broadband High Speed Internet

ProTech Solutions is a Wireless Internet Service Provider on Sebec Lake providing download speeds of up to 30 Mbps and upload speeds of up to 15 Mbps which is much faster than any other competitors in the area. Pro-Tech Solutions is locally owned and operated and can be reached 7 days a week including evenings. The Internet Service is extremely reliable and is just \$49.95 per month total cost including all taxes and fees. There are no data caps or usage limits so you can stream movies 24/7 with no worries. ProTech has no contracts and offers a seasonal plan with a minimum of 4 months per year. There is a 30 day money back guarantee if you are not completely satisfied. ProTech already has over 200 satisfied customers on Sebec Lake and covers most all of the lake. You can e-mail me at mike@protechsolutions.us or give me a call at (207) 717-7097 with any questions. Thank you and have a great Summer!

Mike Russell, Owner

fall season there will be additional maintenance and facility upgrades performed on the other turbine-generator unit. This work, undertaken by the dam owners to assure effective operation of the dam facility, is again planned to occur in a manner that will allow the lake level be effectively managed.

The operators of the dam facility have indicated that the past winter season has been very dry, compared to the last few years, which will impact how the dam facility will need to be managed. It is anticipated that the lake ice will melt and run-off earlier than the last few years. The lake level will be drawn down further with a target lake level of 317.8 feet by the end of March. Typically, the flashboards are installed after the seasonal flooding has occurred in order to have the lake level be in the target range of 322.3 to 322.8 feet above sea level by Memorial Day. Achievement of this target range is, of course, dependent on subsequent rains.





Transparency in Nature Ben Peierls

Life is a beautiful, magnificent thing, even to a jellyfish. --Charlie Chaplin "I see one!", shouted staff researcher Maggie Welch as we were leaving the testing location on Granger Pond in late



September. I tried not to tip over the boat as I grabbed my camera and struggled to photograph the quarter-sized, translucent blob pulsating just below the surface.

I was trying to document the presence of freshwater jellyfish (Craspedacusta sowerbii), an unusual and delightful sighting, in a local lake. Maggie had observed jellyfish in early September at the same location. On this day, we were out in the middle of Granger Pond for endof-season monitoring when a few, roughly inchlong individuals were spotted near the surface.

These gelatinous critters, known as hydrozoans, are related to, but not the same as true jellyfish that you might see in the ocean. What we observed (see picture) and what makes it look like a true jellyfish is the medusoid life stage. The freshwater jellyfish actually spends most of the time as a polyp attached to structures or plants, which may be why sightings tend to be sporadic and unpredictable.

And yes, like true jellyfish, they have stinging cells, though they are unlikely to penetrate human skin. The small crustaceans that are their food source Waste Not, Want...Clean Lakes are not so lucky. The stinging cells inject toxin into prey, which is then drawn, paralyzed, inside to be digested. In turn, these jellies get eaten by crayfish, turtles, and maybe birds and larger fish.

Craspedacusta is not native to Maine or even the U.S., though it is not considered invasive. It originated in the Yangtze River basin in China and was observed in London in the late 1800s. How it got established in the U.S. is unclear. What is clear is that they are fascinating, unusual, and at the same time, nothing to worry about. A great resource for information and place to record your own observations, if you are so lucky, can be found at freshwaterjellyfish.org.

Note: Please let us know if you spot one in Sebec Lake!

My Dad's hobbies Thomas Gerrish

My Dad's hobbies included fishing, hunting, boating, sports and wood working. Back in 1948 when I was in the 8th grade, he decided to build a 20ft cabin motor boat in the basement of our home for use on Sebec Lake. He had found detailed plans that would require some modifications in a book of Modern Motor Boat Plans and Designs published by Motor Boating dated 1938 to use in this project. Beside the photo of the completed boat below is a copy of one of four pages taken from this book for the design he choose. I still remember being very happy to be allowed to help dad with the building of this boat. Our family and friends enjoyed boating on Sebec Lake for many years aboard this cabin motor boat. The photo shows the boat after it was about 10 years old and the original cabin had been replaced by a new one that Dad let me design. Even today, I am still amazed that Dad just as a hobby could build something as

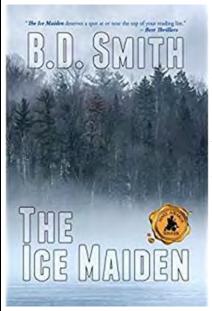


complex as this particular 20ft cabin motor boat. In 1968 my Dad reluctantly decided to sell the Sea Mite was the ever increasing amount of

maintenance that was required each Spring. Of coarse this was the a problem typical of boats constructed of wood and lead to the molded hull boat becoming very popular. So, 1968 after providing some 20 years of family fun and memories. It left Sebec Lake with the new owner.

SEBEC LAKE SUMMER READING

Take a hammock break this summer from working on the dock or trying to get the outboard running, and settle down with these murder mysteries set in the Sebec Lake region of central Maine.



The Ice Maiden: In this award-winning debut novel by local author B. D. Smith, the twisting plot line features Detective Doug Bateman and Investigator Anne Quinn investigate a series of bizarre murders occurring right here on and around Sebec Lake.

Black Frog: the second book in the series, the scene shifts to Greenville and

Moosehead Lake, where Bateman hunts for a killer attacking environmentalists opposed to a development project on Moosehead Lake, while Anne Quinn is conducting a parallel investigation of assaults on young women living in the small towns of Piscataquis County. Are the cases related?

Available at Amazon, Barnes and Noble, and Major Booksellers.



The Dover-Foxcroft Historical Society Invites you to visit our website:

dover-foxcrofthistoricalsociety.org

All are welcome at our museums, meetings and special events.

Coming Events in and around Sebec Lake 2020*

<u>April</u>

April 16th Taoist Healing Arts: Tai Chi , 10:00 am at The Commons at Central Hall, Dover-Foxcroft, Maine

- April 18th Renovating Old Apples Trees with CJ Walke, For information & to register : www.piscataquisswcd.org
- April 25th 48th Annual Kiwanis Piscataquis River Race For information & to register : http://doverfoxcroftkiwanis.org/Page/17038
- April 26th The Durham County Poets, Blues & Folk Band, 7:00 pm at

The Commons at Central Hall, Dover-Foxcroft, Maine

<u>May</u>

May 2nd 10:00 am Annual Bird Walk at the Law Farm with Bob Duchesne -For information & to register : www.piscataquisswcd.org

May 9th 9:00 am Tree and Plant Sale, 76 North St. D-F

May 16th 4:30 pm – 6:00 pm Bean Supper, Sebec Village Reading Room

<u>June</u>

- June 3rd 9:30 Invasive Plants Workshop For information & to register : www.piscataquisswcd.org
- June20th 9:00 am "Forestry for Maine Birds" workshop. For information & to register : www.piscataquisswcd.org
- June 27th ANNUAL MAINE WHOOPIE PIE FESTIVAL Downtown Dover-Foxcroft - 10:00 am to 4:00 pm https://mainewhoopiepiefestival.com/

<u>July</u>

July 4th, 7:00 am Breakfast at the Sebec Village Church, 8:00 am Road Race, 9:30 am Parade, 10:30 am Canoe Race, 11 am - 2 pm BBQ Chicken Lunch, Sebec Village Reading Room, 655 Sebec Village Road.

July 11th - Annual Sebec Lake Association Meeting

8:00 am - Board Meeting

9:30 am - Annual Meeting

Mayo Regional Hospital, Piscataquis Room

http://sebeclakeassoc.com/

July 21 st—23rd. Teen Wilderness Expedition For information & to register : www.piscataquisswcd.org July 23rd, 24th, 25th, & 26th - Annual Kiwanis Auction Piscataquis County Fairgrounds Fairview Avenue Dover-Foxcroft, Maine http://doverfoxcroftkiwanis.org/

- July 25 5:00 pm–9:00 pm Ice Cream Social & a movie, Sebec Village Reading Room
- July 25th Annual Piscataquis River Festival -7:00 am to Dark Athletic Field, Guilford, Maine, Guilford Town Office - 876-2202
- July 25th 4:00 pm Clean Water, Brews & You: Conservation Dstrict Fundraiser at Bissell Brothers Three Rivers, Milo

<u>August</u>

August 1st - Annual Shiretown Homecoming Celebration Beach Party, Concessions, Entertainment & Fireworks Municipal Beach - Greeley's Landing, Dover-Foxcroft Check the Shiretown Homecoming Facebook page for updates

Aug. 7th 2:00 pm—8th 11;00 am. Families in the Outdoors: Camp Out! For information & to register: www.piscataquisswcd.org

Aug 8th & 9th Bowerbank Days

- August 15th 8:00 am—10:30 am Silent Auction & breakfast, Sebec Village Reading Room
- August 27th, 28th , 29th & 30th 133rd Annual Piscataquis Valley Fair http://www.piscataquisvalleyfair.com/

<u>September</u>

Sept 19th 4:30 pm-6:00 pm Bean Supper & Ice Cream Sundae, Sebec Village Reading Room

<u>October</u>

Oct 17th - 10:00 am - 2:00 pm Apple Festival, Apple Dessert Baking Contest, Bake Sale, Kids Games, Craft Sale. Scarecrow Contest (at 11:00 am) and Lunch - Sebec Village Reading Room

Oct. 18th 11:00 am Cider Pressing at the East Sangerville Grange <u>November</u>

Nov 7th - 4:30 pm - 7:00 pm - Chicken and Biscuit Supper, Sebec Village Reading Room

<u>December</u>

Dec 12- 4:30 pm - 6:00 pm - Christmas Party - Soup and Stew with Santa, Sebec Village Reading Room

*Please note all events are subject to change in date, time and location.

Contact List

Sebec Lake Association Website - www.sebeclakeassoc.com

SEBEC LAKE ASSOCIATION OFFICERS & DIRECTORS

President Rudy Davis	president@sebeclakeassoc.com
	• -
Vice President - <open></open>	vp@sebeclakeassoc.com
Treasurer – Brian Woodworth (Cell: 207-217-0962)	treasurer@sebeclakeassoc.com
Recording Secretary - Janet Hall (Webmaster & Data)	secretary@sebeclakeassoc.com
Corresponding Secretary - Cindy Woodworth	correspondingsecretary@sebeclakeassoc.com
Director - Bob Hall (Water Level & Quality Monitor)	director2@sebeclakeassoc.com
Director - MJ Sheldon-McKenzie	director3@sebeclakeassoc.com
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Director - Drew Daubenspeck (Newsletter Editor)	director9@sebeclakeassoc.com
Director - Megan Daggett (Advertising information)	director 10@sebeclake assoc.com
Director - Joe Guyotte (Ampersand & DEP Liaison)	director12@sebeclakeassoc.com

COMMUNITY NUMBERS If you have an emergency call 911!

Mayo Hospital Emergency	207-564-4260	
Maine State Police	207-866-2121	
Piscataquis County Sheriff	207-564-3304	
Dover-Foxcroft Police	207-564-8021	
EMS Ambulance	911	
Physician Referral Service	207-564-1224	
Pine Tree Hospice	207-564-4346	
Bowerbank Fire Department	207-564-3535	
Dover-Foxcroft Fire Department	207-564-2310	
Sebec Fire Department	207-564-2090	
Willimantic Fire (Provided by Guilford)	207-876-2202	
Dover-Foxcroft Transfer Station & Recycling Center		

Monday Wednesday Friday - 9-5

Saturday - 8-4

Willimantic Transfer Station & Recycling Center

Wednesday and Saturday 8 - 4

Sebec Lake Association membership is open to all with an interest in our mission to Protect and Preserve Sebec Lake, whether or not you own lake property!

To pay your dues for 2020:

Go to **www.SebecLakeAssoc.com**, click on **Click here to Join Now or Renew your membership**, and pay your dues and/or make a donation with a credit card via PayPal. Please fill out the **Member Info form** under **Contact Us** if any information has changed. Or fill out the form below and mail it with a check for \$20 to:

Sebec Lake Association Treasurer P.O. Box 303, Dover-Foxcroft ME 04426

In addition to my \$20 Dues, I have included a Donation for: IPP initiative \$ General Fund \$ (PLEASE NOTE: <i>Homecoming Fireworks donations</i> should be sent to:		
Sheila Bragg, 248 Morton Ave Suite A, Dover-Foxcroft ME 04426)		
First/Last Name(s):		
Home Street Address:		
Home City/State/Zip:		
Home Phone:		
For Lake Property owners:		
Lake Property Street Address:		
Lake Property City/Zip:		
Lake Property Map# Lot# (Can be found on tax bill)		
Year Lake Property acquired: Are you a new owner? Y/N:		
Lake Property Phone:		
To make sure all parties/all properties get membership credit:		
Do you have more than one lake property? Number:		
Do you share ownership? Name(s):		
Email (SLA will NEVER share your email):		
If you have already paid your dues or sent a contribution for 2020,		
THANK YOU for your support of the Sebec Lake Association!		



Sebec Lake Association P.O. Box 303 Dover-Foxcroft ME 04426